



# 12<sup>th</sup> Symposium



Cape Town • 1- 4 February 2016

[www.ints2016.com](http://www.ints2016.com)

## Table Mountain and the Bungalow restaurant

R1450 pp including dinner/ R800 pp excluding dinner

### Itinerary

- Depart 16h30 from CTICC.
- Includes guided transport with overview of the city and then depart on the Cable to the Summit of Table Mountain.
- Guided walk on the top of one of the seven natural wonders of the world. Time to relax.
- Return on the cable car at 18h30 -19h00 and travel to the bungalow restaurant for a picturesque setting close to the ocean.
- 22h00 Return to the CTICC or hotels en route.

In the Event the Cable car is closed then the tour changes to travel around table mountain to Chapman's peak.

### Table Mountain



The Table Mountain Aerial Cableway is a cableway to the top of Table Mountain in Cape Town, South Africa. It is one of Cape Town's most popular tourist attractions with approximately 800,000 people a year using the cableway.[4] On the 29 December 2004 the cableway passed its 16 millionth visitor. The "Rotair" cars installed in 1997 carry 65 passengers (increased from 25 on the old cars), and run on a double cable, making them much more stable in high wind, and giving a faster journey of 4–5 minutes to the summit. The floors of the cars rotate through 360 degrees during the ascent or descent, giving passengers a panoramic view. The upper cable station offers views over Cape Town, Table Bay and Robben Island to the north, and the Atlantic seaboard to the west and south.

### Bungalow Restaurant Menu

#### Starters

Salmon Gravlax , Shaved Cucumber, Courgette and Green leaf Salad

*Or*

Beef Carpaccio with Roasted Cherry Tomatoes, Rocket & Parmesan Shavings

#### Mains

Catch of The Day served with Basmati Rice

*Or*

Fillet Grilled with a Dijon Mustard Sauce, served with Thin Cut Fries

\*\*Prepared Medium

#### Desserts

Chocolate Fudge Brownie with Vanilla Pod Ice Cream

*Or*

Eton Mess

